

# RECIPES FOR HOMEMADE DIETS — CANINE

Veterinarian or staff, check appropriate box.

## Canine Restricted Protein Diet

- 1/4 lb. ground beef (do not use lean round chuck)
- 2 cups cooked white rice without salt
- 1 hard-cooked egg, finely chopped
- 3 slices white bread, crumbled
- 1 t (5 g) calcium carbonate<sup>1</sup>

Also add a balanced supplement which fulfills the canine MDR for all vitamins and trace minerals.

Cook beef in skillet, stirring until lightly browned. Stir in remaining ingredients and mix well. This mixture is somewhat dry and its palatability can be improved by adding a little water (not milk). Keep covered in refrigerator. Yield 1 1/4 lbs.

Analysis	As Fed
Protein	6.9%
Fat	5.5%
Carbohydrate	21.1%
Moisture	65.5%
*Metabolizable Energy	750 Kcal./lb.

\*This diet supplies 17% protein calories, 30% fat calories, and 53% carbohydrate calories.

### Feeding Guide

Feed sufficient amount to maintain normal body weight.

Body Weight	Approximate Daily Feeding
5 lb.	1/4 lb.
10 lb.	1/2 lb.
20 lb.	1 lb.
40 lb.	2 lb.
60 lb.	3 lb.
80 lb.	4 lb.
100 lb.	5 lb.

A restricted protein Prescription Diet<sup>®</sup> food, Canine k/d<sup>®</sup> is available in canned and convenient dry ten and twenty pound bags. Check with your veterinarian.

## Canine Highly Digestible Diet

- 1/2 cup Cream of Wheat<sup>®</sup> cooked to make about 2 cups
- 1 1/2 cups creamed cottage cheese
- 1 large hard-cooked egg
- \*2 tablespoons dried brewer's yeast (inactive)
- 3 tablespoons granulated sugar
- 1 tablespoon vegetable oil
- 1 teaspoon potassium chloride<sup>2</sup>
- 1 t (4.5 g) dicalcium phosphate<sup>2</sup>
- 1 t (5 g) calcium carbonate<sup>1</sup>

Also add a balanced supplement which fulfills the canine MDR for all vitamins and trace minerals.

\*Usually available from large animal feed store or health food store.

Cook Cream of Wheat according to package directions, including salt. Cool. Add remaining ingredients and mix well. Keep covered in refrigerator. Yield: 2.2 lbs.

Analysis	As Fed
Protein	7.1%
Fat	3.7%
Carbohydrate	11.2%
Moisture	75.8%
Metabolizable Energy	485 Kcal./lb.

### Feeding Guide

Feed sufficient amount to maintain normal body weight.

Body Weight	Approximate Daily Feeding
5 lb.	1/4 lb.
10 lb.	1/2 lb.
20 lb.	1 lb.
40 lb.	2 lb.
60 lb.	3 lb.
80 lb.	4 lb.
100 lb.	5 lb.

A highly digestible Prescription Diet<sup>®</sup> food, Canine l/d<sup>®</sup> is available in both canned and convenient dry ten and twenty pound bags. Check with your veterinarian.

## Canine Low Sodium Diet

- 1/4 lb. ground round or other lean beef
- 2 cups cooked white rice without salt
- 1 tablespoon vegetable oil
- 2 t (9 g) dicalcium phosphate<sup>2</sup>

Also add a balanced supplement which fulfills the canine MDR for all vitamins and trace minerals.

Cook beef in skillet, retaining fat, stirring until lightly browned. Add remaining ingredients and mix well. Keep covered in the refrigerator. Yield: 1 lb.

Analysis	As Fed
Protein	6.3%
Fat	5.5%
Carbohydrate	17.6%
Moisture	68.5%
*Sodium	.01%
Metabolizable Energy	660 Kcal./lb.

\*This diet contains approximately 50 mg. sodium/100 gm. dry diet.

Veterinary cardiologists recommend a ration containing not more than 100 mg. sodium/100 gm. dry diet for dogs with congestive heart failure.

### Feeding Guide

Feed sufficient amount to maintain normal body weight.

Body Weight	Approximate Daily Feeding
5 lb.	1/4 lb.
10 lb.	1/2 lb.
20 lb.	1 lb.
40 lb.	2 lb.
60 lb.	3 lb.
80 lb.	4 lb.
100 lb.	5 lb.

Feed only the low sodium diet. All snacks, tidbits and treats, especially table food, must be eliminated.

Two low sodium Prescription Diet<sup>®</sup> products are available.

CANINE k/d—moderately reduced sodium content (less than 250 mg. of sodium per 100 grams of dry diet) and comes in canned and convenient dry ten and twenty pound bags.

CANINE h/d—greatly reduced sodium content (less than 100 mg. of sodium per 100 grams of dry diet) and also comes in canned and convenient dry ten and twenty pound bags. Check with your veterinarian.

## Canine Reducing Diet

- 1/4 lb. ground round or other lean beef
- 1/2 cup cottage cheese (uncreamed)
- 2 cups drained canned carrots
- 2 cups drained canned green beans
- 1 1/2 t (7 g) dicalcium phosphate<sup>2</sup>

Also add a balanced supplement which fulfills the canine MDR for all vitamins and trace minerals.

Cook beef in skillet, stirring until lightly browned; pour off fat and cool. Add remaining ingredients and mix well. Keep covered in refrigerator. Yield: 1 1/4 lbs.

Analysis	As Fed
Protein	5.5%
Fat	1.7%
Carbohydrate	4.1%
Moisture	86.4%
Metabolizable Energy	220 Kcal./lb.

### Feeding Guide

Optimal Body Weight	Approximate Daily Feeding
5 lb.	1/4 lb.
10 lb.	1/2 lb.
20 lb.	1 lb.
40 lb.	2 lb.
60 lb.	3 lb.
80 lb.	4 lb.
100 lb.	5 lb.

Snacking and scavenging should be absolutely forbidden during the reducing period. However, since many obese dogs are accustomed to begging (and receiving) an occasional tidbit of raw vegetable will add only roughage, vitamins and minerals, not appreciable calories.

A reducing Prescription Diet<sup>®</sup> food is available. Canine r/d<sup>®</sup> is available in canned and convenient dry ten and twenty pound bags. Check with your veterinarian.

## Canine Hypoallergenic Diet

- 1/4 lb. diced lamb
- 1 cup cooked white rice
- 1 teaspoon vegetable oil
- 1 1/2 t (7 g) dicalcium phosphate<sup>2</sup>

Also add a balanced supplement which fulfills the canine MDR for all vitamins and trace minerals.

Trim fat from lamb. Cook thoroughly (braise or roast) without seasoning. Add remaining ingredients and mix well. Keep covered in refrigerator. Yield: 2/3 lb.

Analysis	As Fed
Protein	7.0%
Fat	10.0%
Carbohydrate	14.0%
Moisture	66.0%
Metabolizable Energy	795 Kcal./lb.

### Feeding Guide

Feed sufficient amount to maintain normal body weight.

Body Weight	Approximate Daily Feeding
5 lb.	1/4 lb.
10 lb.	1/2 lb.
20 lb.	1 lb.
40 lb.	2 lb.
60 lb.	3 lb.
80 lb.	4 lb.
100 lb.	5 lb.

If the allergy is suspected to be food induced, maintain the patient on this diet and distilled water. Then expose the patient to foods, one at a time, beginning with tap water, to discover offending materials. The aim of this provocative exposure is to determine foods the patient CAN eat rather than those the patient cannot eat.

A hypoallergenic Prescription Diet<sup>®</sup> food, d/d<sup>®</sup> is available in canned and convenient dry twenty pound bags. Check with your veterinarian.

## Canine Ultra Low Protein Diet

- 2 1/2 cups cooked white rice
- 2 tablespoons vegetable oil
- 1 large hard-cooked egg
- 1/4 t (1.25 g) calcium carbonate<sup>1</sup>
- 1/4 t (1.25 g) potassium chloride

Also add a balanced supplement which fulfills the canine MDR for all vitamins and trace minerals.

Cook rice as per package instructions except use only 1/4 teaspoon salt. Add other ingredients and mix well. Refrigerate between feedings. Yield: 1.1 lbs.

Analysis	As Fed
Protein	3.0%
Fat	6.7%
Carbohydrate	20.5%
Moisture	69.2%
*Metabolizable Energy	690 Kcal./lb.

\*This diet supplies 8% protein calories, 39% fat calories and 53% carbohydrate calories.

### Feeding Guide

Feed sufficient amount to maintain normal body weight.

Body Weight	Approximate Daily Feeding
5 lb.	1/4 lb.
10 lb.	1/2 lb.
20 lb.	1 lb.
40 lb.	2 lb.
60 lb.	3 lb.
80 lb.	4 lb.
100 lb.	5 lb.

An ultra low protein Prescription Diet<sup>®</sup> food, Canine u/d<sup>®</sup> is available in canned and convenient dry ten pound bags. Check with your veterinarian.

## Canine Liquid Diet

- 8 oz. Prescription Diet<sup>®</sup> Feline p/d<sup>®</sup> canned
- 3/4 cup water

Blend to smooth consistency in a blender. Strain through kitchen strainer (1mm mesh). Yield: 13 oz.

Analysis	As Fed
Protein	7.4%
Fat	5.0%
Carbohydrate	2.8%
Moisture	83.0%
*Metabolizable Energy	24 Kcal./oz.

\*This diet supplies 33% protein calories, 55% fat calories, and 12% carbohydrate calories.

Daily dose—1 oz./lb. body weight.



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<sup>1</sup>CALCIUM CARBONATE SOURCES: Ground Egg Shells; Drug and Health Food Stores  
<sup>2</sup>DICALCIUM PHOSPHATE SOURCES: Drug and Health Food Stores; Substitute = Bone Meal  
<sup>3</sup>POTASSIUM CHLORIDE SOURCE: Salt Substitute Products

\*PRESCRIPTION DIET<sup>®</sup> PRODUCTS ARE AVAILABLE IN CANNED AND DRY FORMS AND ARE CONVENIENT, QUALITY ASSURED ALTERNATIVES TO THE RECIPES ABOVE.